

COVID-19 Resource List for the City of Alameda's Residents

Last updated: 4/9/2020

- [Alameda County COVID-19 Dashboard](#): Up to date data for Alameda County
- [City of Alameda's Shelter In Place Order](#)
 - *Violation of or failure to comply with this Order is a misdemeanor punishable by fine, imprisonment, or both. (California Health and Safety Code § 120295, *et seq.*)
- [Alameda County FAQs for Shelter in Place Order](#)
- [City of Alameda's Updates](#)
- [Newsom has issued a statewide](#) order for Californians to stay home
- **CA COVID-19 Hotline**: If you have questions about COVID-19 and need assistance finding information, a new statewide hotline is available from 8 am to 5 pm, 7 days a week at 833-544-2374.

Is someone not maintaining Alameda's mandatory Shelter in Place Order? Have you spoken to them? Are they *still* not social distancing? Call the Alameda Police Department's NON-emergency number 510-217-5227, or the anonymous tip line at 510-337-8450

UPDATED VOLUNTEER LIST: [Want to get involved in helping out during this time of need?](#)

Something to add to this list? Please use the google docs comment function!

If you are having trouble with the comment section scroll to the very bottom of this document for troubleshooting.

Bay Area health officials are recommending use of homemade masks for general public use

DO	DON'T
<ul style="list-style-type: none"> ✔ Ensure your mask is made of tightly woven silk, nylon, and/or cotton (100% cotton, antimicrobial pillow case etc) ✔ Ensure your mask is at least 2 layers thick ✔ Make sure the covering is comfortable – you don't want to have to keep adjusting the mask i.e. touching your face ✔ Always wash your hands before AND after touching your face or face coverings ✔ Take a used mask off by the ear bands without touching the front of it. Then wash your hands. ✔ Wash your mask after each use with detergent and hot water and dried on the hottest cycle ✔ Make several masks and use them in a rotation ✔ Continue to abide by social distancing protocol when required to leave your residence 	<ul style="list-style-type: none"> ✘ Don't use <i>new</i> hospital grade masks e.g. N95s or surgical masks. These must be preserved for our health care workers and pre-hospital transport providers ✘ Don't use a simple scarf or bandana ✘ Don't use vacuum cleaner and vacuum bag filters. They are chemically treated on the outside which you will breathe in ✘ Don't use homemade masks as a replacement for staying home, frequent hand washing and social distancing

Note: A homemade mask's goal is to prevent droplet transmission from infected individuals. The people around the mask wearer are at less risk. A mask does not protect the wearer from someone who is an infected non-mask wearer. Thus the push for everyone to wear masks.*

Sources: Here's how to make an easy, no-sew face mask with materials you have at home, Testing the Efficacy of Homemade Masks: Would They Protect in an Influenza Pandemic?, New Bay Area Public Health Recommendation to Cover the Face, Making your own face mask? Some fabrics work better than others, study finds, Coronavirus FAQs: Is A Homemade Mask Effective? And What's The Best Way To Wear One?

Do you need cloth masks? Are you 65+ and/or an essential worker?

Fill out this donation request [form](#). The price of masks are free. Many mask makers are Alameda based and there will be a quick turn around.

[CDC: Use of Cloth Face Coverings to Help Slow the Spread of COVID-19](#)

[Testing the Efficacy of Homemade Masks: Would They Protect in an Influenza Pandemic?](#)

[Kaiser Instructions for homemade sewn mask](#)

[Pattern for homemade sewn mask](#)

[Sewing video](#)

Pet Food Pantry

The Alameda Animal Shelter (FAAS) provides free pet food and cat litter to low-income Alamedans.

We have expanded our Pet Food Pantry hours from once a month to every Saturday.

- Time: 10 a. m. - noon every Saturday
- Place: 1590 Fortmann Way, Alameda (main parking lot)
- You may take one month's supply of food or kitty litter.
- Pickup is limited to 3 dogs or 3 cats per household.
- Pickup limited to once a month per household.
- Have your trunk opened and ready.
- Based on available supplies.
- If experiencing COVID-19 symptoms, please send someone else on your behalf.
- Available to Alameda residents only.
- Homebound? Please call 510-337-8565.

FAAS staff will be observing all social distancing protocols. We recommend following the same safety guidelines as for grocery shopping: wipe down packaging with a sanitary wipe or soapy rag. For everyone's health and safety, please follow all posted and verbal instructions from staff.

[List of Alameda's Essential Services Open for Business](#)

Emergency Funds

Oakland: [East Oakland DREAMer](#) emergency fund (up to \$250, applicants must be migrant youth 15-30 years old or migrant guardian of youth aged 0-20)

<https://tinyurl.com/COVIDMigrantYouthRelief>

Students, Parents of Students, Graduates: [Scholly](#) is providing \$200 in cash assistance. We aim to provide essential financial help to buy groceries, health supplies, and other necessities to those in need. If you're a student, parent of a student, or graduate, we encourage you to apply today.

[Hayward Free COVID-19 testing for sick people, first responders, and health-care workers](#)

No referral from a medical doctor is required to be screened. Open to anyone regardless of where they live or immigration status. The Center is outfitted with enough kits to test up to 350 people a day. You can also call the Hayward COVID-19 hotline at (510) 583-4949, which is staffed 8 a.m. to 5 p.m. seven days a week.

When: 9am - 4pm everyday

Where: Hayward Fire Station #7, 28270 Huntwood Avenue

How:

1. At the curbside check-in point, we will SCREEN and CHECK people for COVID-19 symptoms and SUITABILITY for testing.
2. People initially approved for testing will be directed to an intake tent for verification of symptoms and suitability. *People deemed not in need of testing will be directed away from the testing center location down Lustig Court.*
3. Once verified, people to be tested will move to a testing tent for COVID-19 testing. Those tested will have their nasal cavities and back of the throat swabbed. Afterward, they will receive discharge instructions. Most test results will be available within 24 hours, depending on volume

Fremont Drive Through Free COVID-19 testing for sick people, first responders, and health-care workers

Note: First responders and healthcare workers who are symptomatic for the COVID-19 virus and have a temperature over 100 degrees may schedule a test in advance by calling (510) 789-7231.

AUSD Grab & Go Meals (all ages up to 18 yrs)

We will be serving meals two days per week - Tuesdays and Fridays - from Earhart Elementary School, Wood Middle School, and the Alameda Point Collaborative. The hours will be 11 am to 1 pm, and families will be provided with several days' worth of food at a time.

Alameda Food Bank:

LOCATION (STARTING 3/16/2020) – AFB Warehouse 650 W Ranger Avenue, Alameda Point
This allows for much more social distancing due to the size of the warehouse (nearly 10,000 sf) and much more parking. This also allows for a drive through distribution where clients pull up in their cars and volunteers deliver a prepackaged bag to their car.

PANTRY DISTRIBUTION UPDATED HOURS

Monday: 12pm-5pm

Tuesday: CLOSED

Wednesday: 12pm-5pm

Thursday: CLOSED

Friday: 12pm-5pm

Sat/Sun: CLOSED

1ST COME 1ST SERVED – We are suspending our normal ticket number lottery system to minimize the need for clients to line up. Clients will be served first come first served.

FOOD SELECTION – We are attempting to maintain as much client food selection as possible. To that end we will be using a food selection form and volunteers will fulfill your order. Please see our website for additional information. www.alamedafoodbank.org

CFS 1st Saturday Food Distribution Program is canceled until further notice. Beginning in April, clients may come twice a month to the Pantry program.

NEW CLIENTS – We want to help anyone who is in need of food assistance right now. Please contact us at programmanager@alamedafoodbank.org or call 510-523-5850 for information.

Alameda Meals on Wheels

Alameda Meals on Wheels (AMOW) is a locally-funded, seven-day-a-week program that has been delivering hot, nourishing meals to Alameda residents since 1973 weekdays 9am to Noon. Each day volunteers deliver a mid-day meal to more than 140 Alameda residents of all ages that need our assistance. Our subscribers pay on a sliding fee scale, based upon their ability.

Contact:

Rosemary Reilly, Phone: 510.865.6131, Fax: 510.865.2179, AlamedaMOW@aol.com

[Master list of restaurants offering free delivery/pickup and/or No-contact delivery in Alameda](#)

If you are a restaurant owner:

1. A cluster of radio stations in SF just launched a LOVE LOCAL campaign that lists all the local businesses by county who are open to help them during this time. These businesses will be listed on the KCBS, Radio Alice, Alt1053, 957 The Game, and the Q102 websites. If you're a local business deemed essential and are open, please DM us @kcbstradio on Instagram, we want to get your info to our listeners!
2. sign up for the [Alameda Peeps Cash Mob](#). During the mob we will try to drive a bunch of great peeps to order food or buy guy gift cards (if you offer them) from your business to lift you up. We will post this in the Alameda Peeps FB Group (with 12k members of the Alameda community) and we will cross promote this on the Alameda Reddit and other groups and encourage others to share details about the mob in the community so that more than just peeps will join in.

Grocery shopping:

Trader Joes:

8am - 9am everyday for vulnerable guests, including the elderly and those with underlying health concerns

Target:

8am - 9am each Wednesday for vulnerable guests, including the elderly and those with underlying health concerns. Does not allow personal, reusable bags.

Safeway: From 7am to 9am on Tuesday and Thursday for those vulnerable shoppers who must leave home to obtain their groceries, unless locally mandated

Whole foods (closest one is Oakland): 8am - 9am for vulnerable shoppers

Raley's/Nobhill: Coming soon May 21

Senior Essentials Bag: Intended for seniors and at-risk customers in self-isolation or quarantine, our team members will build as many Senior Essentials Bags as they can each day. They will be available to our customers depending on inventory levels at each store and while supplies last. Starting Saturday, we will have two unique Senior Essentials Bags available for purchase at a discounted price. These bags can be picked up daily curbside or in-store. We will make every effort to meet demand. Shop from either a \$20 bag or a \$35 bag

[Grocery Store Megathread on Alameda Peeps Facebook Group](#)

With real time inquiries, updates, and conversations about all things grocery store related. (Includes Pet and Liquor)

Answers the following questions:

- What are the current hours of operation?
- Where can I find _____?
- How are the lines?
- I was just at _____, and my experience was...
- Online order/delivery status updates
- Grocery staff and owner updates
- GROCERY STORE WORKERS ACKNOWLEDGMENTS

Shopping Angels was started with the intent to provide free shopping services to those populations at higher risk of contracting the novel COVID-19 virus, to include individuals over the age of 60 or those with impaired immune systems. [Shopping Angels Sign up Link](#)

[Other lists of stores with shopping hours with vulnerable shoppers in mind](#)

Prescriptions

Local in Alameda

- [Versailles Pharmacy](#)

Free delivery for vulnerable residents (510) 523-4907

Big Corporations/NON-SMALL BUSINESSES:

- Walgreens
 - Beginning March 13, 2020, Walgreens is waiving delivery fees for all eligible prescriptions during this evolving situation
 - There will be free delivery on any purchase on Walgreens.com beginning March 13, 2020 and until further notice, with no minimum purchase required
 - More Info:
 - <https://news.walgreens.com/press-releases/general-news/walgreens-takes-further-action-to-support-customers-during-covid-19-pandemic.htm>
- CVS
 - Beginning March 9th, 2020, CVS Pharmacy will waive charges for home delivery of prescription medications
 - <https://cvshealth.com/newsroom/press-releases/cvs-health-announces-additional-covid-19-resources-focused-patient-access>

Housing support

- Midway Shelter
Services for women and children suffering from homelessness and domestic violence
- Non-profit organizations Operation Dignity and Building Futures provide basic necessities to those experiencing homelessness while working on stabilizing their situation and helping them to find housing.
- Alameda Point Collaborative
Supportive Housing Community with services such as job skills training, substance abuse and mental health counseling, on-site case managers, workforce development programs, on-the-job training opportunities, and Children & Youth Services
- If you are in need of immediate emergency shelter and housing assistance, please contact: Eden Information & Referral at 510-537-2552 or the Bay Area Helpline at 1-800-273-6222.
- Students/Foster youth: If you are or know of a foster youth that is staying at a college dorm room that is going to be closed due to the coronavirus, please email info@togetherwerise.org and they will provide or help you find housing during this transition.
- The City will receive four trailers at no cost from FEMA to house eight people at Alameda Point who are currently unhoused and at high risk of getting ill from COVID-19. Unsheltered Alamedans who are sick will be cared for by Operation Comfort, a County program for individuals who have COVID-19.
 - For Alamedans who live in their vehicles, safe parking will soon be in place from 7 pm-7 am, with additional services including security, showers, and food assistance.

General support

- [Alameda County 211](#): Eden I&R, Inc., was incorporated as a non-profit 501(c)(3) agency in January 1976 in response to a community need for a service that would assist people in obtaining information about, as well as gaining access to, community resources.
Resources on: (1) health, housing, and human services, (2) Transportation services, and (3) reentry services
- [All Good Living Foundation](#): will be dropping off toiletries once a week to local schools.
Will most likely provide other types support if you contact them directly.
2332 Alameda Ave, (510) 522-6288

Google doc to anonymously ask for support:

[City of Alameda Requests Aid During Coronavirus Outbreak](#)

[Mutual Aid in Alameda](#) (this is a forum mainly for volunteers to fill out if they can provide help, but would most likely provide support to people/groups who need it under the “Organizations Who need Help - Please add org., contact info, any requirements needed” category)

Transportation

[AC Transit](#): Free - Fare payment is not required until further notice. Enter all busses with rear-door boarding to protect the driver.

[Free Alameda Loop shuttle](#): While each day’s route covers a different area of Alameda, all routes stop at these common destinations: Alameda Hospital, Alameda Main Library, Alameda Theater, Kaiser Permanente, Mastick Senior Center, South Shore Center at Trader Joe’s / Safeway.

The service is open to all, and provides preferential seating for seniors and people with disabilities. Riders are encouraged to board the shuttles at the designated shuttle stops and to explore Alameda. Shuttle drivers can assist riders with boarding and exiting the shuttle, securing wheelchairs and carrying up to five bags of groceries or a folding shopping cart. See the schedule [here](#).

Facebook groups that are more than willing to help with varying requests:

[Alameda Peeps](#)

[Alameda Coronavirus Community Response](#)

[Alameda Comes Together: Now](#)

[Helping Hands - Alameda](#)

[Alameda 94501](#)

[Neighbors Supporting Neighbors - SF / Bay Area Admin Team](#)

Utilities:

Xfinity WiFi Free For Everyone: Xfinity WiFi hotspots across the country will be available to anyone who needs them for free – including non-Xfinity Internet subscribers. For a map of Xfinity WiFi hotspots, visit www.xfinity.com/wifi. Once at a hotspot, consumers should select the “xfinitywifi” network name in the list of available hotspots and then launch a browser.

Comcast: New customers will receive 60 days of complimentary Internet Essentials service, which is normally available to all qualified low-income households for \$9.95/month. Additionally, for all new and existing Internet Essentials customers, the speed of the program’s Internet service was increased to 25 Mbps downstream and 3 Mbps upstream. That increase will go into effect for no additional fee and it will become the new base speed for the program going forward.

Charter Communications is committing to do the following for 60 days:

- will offer free Spectrum broadband and Wi-Fi access for 60 days to households with K-12 and/or college students who do not already have a Spectrum broadband subscription and at any service level up to 100 Mbps. To enroll call 1-844-488-8395. Installation fees will be waived for new student households.
- will open its Wi-Fi hotspots across our footprint for public use.

Spectrum Internet beginning Monday, March 16, 2020 and for the following 60 days:

- Offers [secure public wifi hotspots](#)
- Offers to continue their [Spectrum Internet Assist](#) program: high-speed broadband program to eligible low-income households
- Offers two free months of internet and WiFi services for K-12 and college students affected by the current school closures, in households not already subscribed to Spectrum Internet (For more information, click [here!](#))

Verizon will help customers and small businesses disrupted by impact of coronavirus <https://www.verizon.com/about/news/verizon-help-customers-and-small-businesses>

Alameda Municipal Power

We understand that there may be instances where our customers find themselves facing economic hardship because of this crisis. We encourage customers who may be impacted to reach out to AMP to discuss how we might be of assistance. Please call our customer service team at [510-748-3900](tel:510-748-3900) or email AMP@alamedamp.com

Undocumented Communities:

- [East Oakland DREAMer](https://tinyurl.com/COVIDMigrantYouthRelief) emergency fund (up to \$250, applicants must be migrant youth 15-30 years old or migrant guardian of youth aged 0-20)
<https://tinyurl.com/COVIDMigrantYouthRelief>
- Undocumented families who plan to apply for documentation in the future should still seek testing/treatment for COVID. COVID is public charge exempt. Read more [here](#).
- On March 13, U.S. Customs and Immigration Services announced that testing, prevention, or treatment for COVID-19 will NOT be used against immigrants in a public charge test. This means that immigrant families should seek the care they need during this difficult time. Below is some information about the rights of immigrants' rights in health care settings:
 - It is safe and smart to see the doctor if you need care. Your doctor is required to honor your right to privacy. You do not need to share any information about your immigration status unless you apply for Medicaid or other health coverage.
 - You can still see a doctor without medical insurance. This includes care you receive in the emergency room, at community and migrant health centers, free clinics, and public hospitals. If you don't have a doctor, call a local community health center for assistance. You can find a health center here: <https://findahealthcenter.hrsa.gov/>
 - Hospitals and health care spaces are safe to visit. Federal guidelines prohibit immigration agents from conducting arrests or other enforcement actions at health care facilities, such as hospitals, doctors' offices, health clinics, and urgent care facilities.
 - California residents can access [Keep Your Benefits](#) for more information about how their use of public benefits may effect their documentation status. [Informed Immigrant](#) also provides resources and accurate information for immigrant families with questions about their benefits.
 - [CLICK HERE](#) to learn more about your rights when accessing health services.
 - If you feel your rights or the rights of someone you know have been violated, you can file an immigration enforcement civil rights complaint. To learn more about filing a complaint, [click here](#).

Mental Health:

- [Free: California’s statewide mental health phone line](#)
The California Peer-Run Warm Line offers non-emergency emotional support and referrals to anyone in the state needing mental health help.
 - The number is 1-855-845-7415. You can use it via telephone or instant messaging.
 - Mondays to Fridays: 7 a.m. to 11 p.m.
 - Saturdays: 7 a.m. to 3 p.m.
 - Sundays: 7 a.m. to 9 p.m.
- [Toolkit to deal with anxiety/stress from impacts of virus](#)
- CDC: [Managing Anxiety and Stress](#)
- Alameda County Behavioral Health: [Managing emotional health during uncertain times](#)
- Coronavirus Anxiety — [Helpful Expert Tips and Resources](#) (ADAA)

Apps for mental health (all FREE)

- [Headspace](#): A popular meditation and mindfulness app, is offering free content to help manage stress and anxiety. The collection, called “Weathering The Storm,” is free for everyone. It includes meditations, sleep, and movement exercises to help you out, however you’re feeling. [What is included in the free subscription in headspace?](#) If you want to experience more of the app you get a free 2 week trial. [Entire app is free for any healthcare professional.](#)
- [Guided Mindfulness by Dr. Vo](#)
- [MindShift](#): A great tool for anxiety available on [iPhone and Android](#), developed by [Anxiety BC](#). It teaches relaxation skills, develops new thinking, and suggests healthy activities. Designed for youth but useful to anyone.
- [BellyBio Interactive Breathing](#): Wonderful biofeedback device that monitors your breathing and plays sounds reminiscent of ocean waves when you relax. Great for anxiety and stress. [iPhone](#) only.
- [Take a Break! Guided Meditations for Stress Relief](#): From the excellent developers of relaxation apps at [Meditation Oasis](#) comes this free app to quickly recharge. Listen to a seven-minute Work Break or 13-minute Stress Relief recording with or without music or nature sounds. [iPhone](#) or [Android](#).
- [Relax with Andrew Johnson Lite](#): Great guided meditation session for relaxation, helpful with anxiety and stress as well as a sleep aid. Available in [Android](#) and [iPhone](#) versions.
- [Relax and Sleep Well with Glenn Harold](#): Twenty-minute guided meditation with music to help you fall asleep. Relaxing and gentle. For [iPhone](#) and [Android](#).

Best Practices

- Note that violation of or failure to comply with Alameda’s Shelter In Place Order is a misdemeanor punishable by fine, imprisonment, or both. (California Health and Safety Code § 120295, *et seq.*)
- Clean your hands often
 - Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
 - Avoid touching your eyes, nose, and mouth with unwashed hands.
- Practice Social Distancing
 - Do not gather (publicly or privately) with any number of people outside a single household or living unit.
 - If you must go outside your living space: stay at least six feet away from other people. Examples include avoiding mass gatherings, working from home if possible, closing schools, visiting loved ones electronically instead of in person and canceling or postponing conferences or large meetings. This is especially important for [people who are at higher risk of getting very sick](#).
 - Avoid close contact with people who are sick
- Stay home if you’re sick
 - Stay home if you are sick, except to get medical care. Learn [what to do if you are sick](#).
- Cover coughs and sneezes
 - Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
 - Throw used tissues in the trash.
 - Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.
- Wear a facemask if you are sick
 - If you are sick: You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider’s office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then you should do your best to cover your coughs and sneezes, and people who are caring for you should wear a facemask if they enter your room. [Learn what to do if you are sick](#).

- If you are NOT sick: You do not need to wear a facemask unless you are caring for someone who is sick (and they are not able to wear a facemask). Facemasks are in short supply and they should be saved for caregivers.
- Clean and disinfect
 - Clean AND disinfect [frequently touched surfaces](#) daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
 - If surfaces are dirty, clean them: Use detergent or soap and water prior to disinfection.
- Marketing – It's critical to communicate openly with your customers about the status of your operations, what protective measures you've implemented, and how they (as customers) will be protected when they visit your business. Promotions may also help incentivize customers who may be reluctant to patronize your business.
- Do not panic about a shortage of goods-- grocery stores will remain open and the food supply chain is strong. Panic buying and hoarding is not necessary and it may leave your neighbors without the goods they may need.
- Share best practices with other LOCAL businesses in your communities (especially those in your supply chain), chambers of commerce, and associations to improve community response efforts.
- Share these [Myth busters](#) about COVID-19

More Resources:

- [COVID-19 Resources List \(Bay Area, CA\)](#)
- [Bay Area COVID-19 Mass Resource List](#)
- [Bay Area COVID-19 Info guides](#)
- [Coronavirus Mutual Aid, Donations, Material Resource Sharing, compiled](#)
- [COVID-19 health information in many languages](#)
- Alameda based [Free 15 min immune system reviews for ages 65+ and immuno-compromised](#) by Optimized Wellness Center or call (510) 497-4424
- [Receive Autotext updates on COVID-19:](#)
Text (888777) with covid19sf as a message hit send. Then add in your area code after prompts.
- An Alameda based [list of local businesses that have gift cards available for purchase](#)
*note that this link is too, on Facebook group Alameda Peeps
- [Mutual Aid & Advocacy Resources](#)
- [Online AA Meetings During COVID-19](#)
- [COVID-19 Trans/Queer Relief Form](#)
- [List of Education Companies offering free subscriptions](#)

- [A list of over 30 educational ipad apps for students with special needs](#)
- [Cleaning suggestions](#) what can't you not mix?
- Google Hangouts
 - Starting March 3, 2020, we will begin rolling out free access to our advanced Hangouts Meet video-conferencing capabilities to all G Suite and G Suite for Education customers globally including
 - Larger meetings, for up to 250 participants per call
 - Live streaming for up to 100,000 viewers within a domain
 - The ability to record meetings and save them to Google Drive
 - These features are typically available in the Enterprise edition of G Suite and in G Suite Enterprise for Education, and will be available at no additional cost to all customers until July 1, 2020. If you need help getting started, please visit our learning center page or follow the instructions outlined in our message to G Suite admins

More Info:

<https://cloud.google.com/blog/products/g-suite/helping-businesses-and-schools-stay-connected-in-response-to-coronavirus>

- [Information on Employment services](#)
- [COVID-19 Los Angeles Mass Resource List \(non-editable\)](#)
- [Resources to Support the Ventura Community during Coronavirus](#)

Employment

What employees are entitled to may be confusing. [THIS CHART](#) makes it easier to understand what resources may be available. More information below.

Employment Issues

- Please visit https://www.edd.ca.gov/about_edd/coronavirus-2019.htm for BENEFITS FOR WORKERS IMPACTED BY COVID-19 and also check out the EDD's Frequently Asked Questions: https://edd.ca.gov/about_edd/coronavirus-2019/faqs.htm
- For a run-down of labor laws in California, please visit: <https://www.latimes.com/business/story/2020-03-12/coronavirus-labor-law-know-your-rights-california-worker>

Paid Family Leave

**Paid family leave is available for those who stay home because they need to take care of someone who has contracted the virus (Covid-19) or who has been quarantined (must be certified by a medical professional). [Learn how to file a Paid Family Leave Claim HERE.](#)

Disability Benefits/Paid Sick Leave

**Disability benefits /paid sick leave are available for those who have actually contracted the virus themselves or who have been exposed to it and are quarantined (must be certified by a medical professional in the case of Disability Benefits). [Learn how to file a Disability Insurance Claim HERE.](#)

Unemployment Benefits

**Unemployment benefits are available to those whose hours have been reduced or who have lost their job due to coronavirus measures (and it also applies to those who choose to stay home due to underlying health issues making them more vulnerable). The Governor has waived the 1 week wait time and the person may not be required to be actively looking for work (as is usually required). [Learn how to file an Unemployment Insurance Claim HERE.](#)

- Unfortunately though, this benefit is not available to undocumented persons whose hours are reduced or lose their job for reasons related to COVID-19, etc.
- SCHOOL CLOSURES: If your child's school is closed and you have to miss work to care for them. You might qualify for Unemployment Insurance benefits. [Learn how to file an Unemployment Insurance Claim HERE.](#)

Worker's Compensation

**Workers comp is available for those who are unable to do their usual job because they were exposed to and contracted Covid-19 while in the regular course of their job (i.e. healthcare workers)

Tax Assistance

Directly from the [Employment Development Department](#): “Employers experiencing a hardship as a result of COVID-19 may request up to a 60-day extension of time from the EDD to file their state payroll reports and/or deposit state payroll taxes without penalty or interest. A written request for extension must be received within 60 days from the original delinquent date of the payment or return.

For questions, employers may call the EDD Taxpayer Assistance Center.

- Toll-free from the U.S. or Canada: 1-888-745-3886
 - Hearing impaired (TTY): 1-800-547-9565
 - Outside the U.S. or Canada: 1-916-464-3502”
- (For more information, click [here!](#))

Resources Based on Type of Employment

- For resources for **freelance artists**, click [here!](#)
- For resources for **bartenders**, click [here!](#)
- For resources for **musicians**, click [here!](#)
- For resources for **tipped workers/service workers**, click [here!](#)

Impacted Businesses

Loans

- The U.S. Small Business Administration offers up to \$2 Million in Disaster Assistance Loans for Small Businesses Impacted by COVID-19
(For more information, click [here](#), or contact the SBA disaster assistance customer service center at 1-800-659-2955 (TTY: 1-800-877-8339) or disastercustomerservice@sba.gov.)
- **How to get access to lending partners?** SBA has developed [Lender Match](#), a free online referral tool that connects small businesses with participating SBA-approved lenders within 48 hours.

- **7(a) program** offers loan amounts up to \$5,000,000 and is an all-inclusive loan program deployed by lending partners for eligible small businesses within the U.S. States and its territories. The uses of proceeds include: working capital; expansion/renovation; new construction; purchase of land or buildings; purchase of equipment, fixtures; lease-hold improvements; refinancing debt for compelling reasons; seasonal line of credit; inventory; or starting a business.
- **Express** loan program provides loans up to \$350,000 for no more than 7 years with an option to revolve. There is a turnaround time of 36 hours for approval or denial of a completed application. The uses of proceeds are the same as the standard 7(a) loan.
- **Community Advantage** loan pilot program allows mission-based lenders to assist small businesses in underserved markets with a maximum loan size of \$250,000. The uses of proceeds are the same as the standard 7(a) loan.
- **504** loan program is designed to foster economic development and job creation and/or retention. The eligible use of proceeds is limited to the acquisition or eligible refinance of fixed assets.
- **Microloan** program involves making loans through nonprofit lending organizations to underserved markets. Authorized use of loan proceeds includes working capital, supplies, machinery & equipment, and fixtures (does not include real estate). The maximum loan amount is \$50,000 with the average loan size of \$14,000.
- **Exporting Assistance:** SBA provides export loans to help small businesses achieve sales through exports and can help these businesses respond to opportunities and challenges associated with trade, such as COVID-19. The loans are available to U.S. small businesses that export directly overseas, or those that export indirectly by selling to a customer that then exports their products.
 - **Export Express** loan program allows access to capital quickly for businesses that need financing up to \$500,000. Businesses can apply for a line of credit or term note prior to finalizing an export sale or while pursuing opportunities overseas, such as identifying a new overseas customer should an export sale be lost due to COVID-19.
 - **Export Working Capital** program enables small businesses to fulfill export orders and finance international sales by providing revolving lines of credit or transaction-based financing of up to \$5 million. Businesses could use a loan to obtain or retain overseas customers by offering attractive payment terms.
 - **International Trade** loan program helps small businesses engaged in international trade to retool or expand to better compete and react to changing business conditions. It can also help exporting firms to expand their sales to new markets or to re-shore operations back to the U.S.

Insurance

Many businesses have business interruption insurance; now is the time to contact your insurance agent to review your policy to understand precisely what you are and are not covered for in the event of an extended incident.

Government Contracting

SBA is focused on assisting with the continuity of operations for small business contracting programs and small businesses with federal contracts. For more information on federal contracting, visit <https://www.sba.gov/federal-contracting/contracting-guide>

More specifically:

- **[8\(a\) Business Development](#)** program serves to help provide a level playing field for small businesses owned by socially and economically disadvantaged people or entities, and the government limits competition for certain contracts to businesses that participate. The 8(a) program offer and acceptance process is available nationwide, and the SBA continues to work with federal agencies to ensure maximum practicable opportunity to small businesses. 8(a) program participants should stay in touch with their Business Opportunity Specialist (BOS).
- **[HUBZone](#)** program offers eligibility assistance every Thursday from 2:00-3:00 p.m. ET at 1-202-765-1264; access code 63068189#. Members of the HUBZone team answer questions to help firms navigate the certification process. For specific questions regarding an application, please contact the HUBZone Help Desk at hubzone@sba.gov.
- **[Women-owned Small Business](#)** firms who have questions, please visit www.sba.gov/wosbready or write to wosb@sba.gov.

Lay-Off Aversion

Rapid Response/Lay-off Aversion- Is your business facing the possibility of laying off employees or even closing? The Los Angeles County America's Jobs Centers of California (AJCCs) can help you get your business back on track. Specialized Business Service Representatives can work with you and your employees to minimize losses and improve morale. We can also assist your business with strategic planning to ensure that your business does not face a similar situation in the future. Contact your local Business Service Representative at an America's Job Center of California (AJCC) for more information

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← COVID-19 Resource List for Alameda Residents

COVID-19 Resource List for Alameda Residents

[City of Alameda's Updates](#)

[Shelter In Place Order](#)

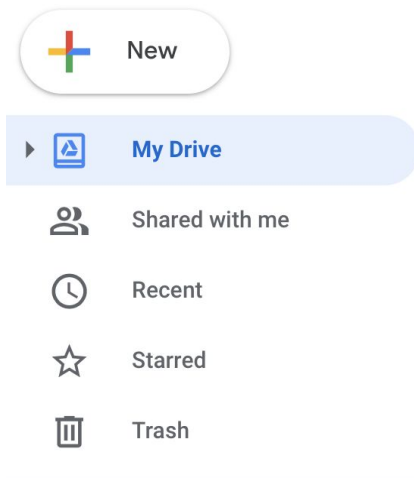
*Violation of or failure to comply with this Order is a misdemeanor punishable by fine, imprisonment, or both. (California Health and Safety Code § 120295, *et seq.*)

Last updated: 3/18/2020

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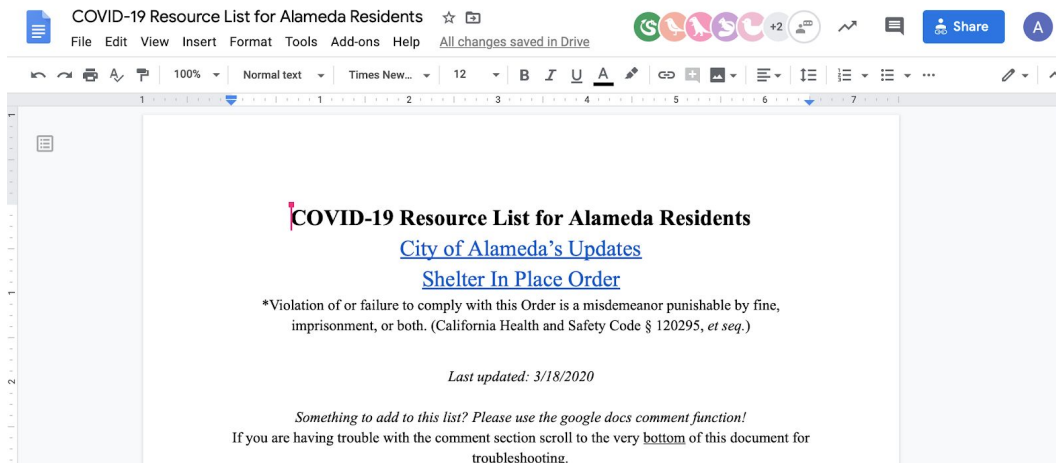
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